

## Mixed Berry Herb Water

Yield: about 12 cups

**Amount:**

1 lb.

½ bunch

4 cups

8 cups

**Ingredient:**

Mixed berries, frozen

Mint leaves, Fresh torn (substitute basil, thyme or another herb)

Ice

Water

**Method:**

1. Layer berries and herbs with ice in a 12-cup pitcher
2. Add water
3. Refrigerate for about 1 hour before serving for best flavor

**Helpful Tips:**

- Refrigerate for about 1 hour before serving for best flavor
- Ratio of 1 cup of fruit to 4 cups (4 to 1) of water for strong flavor or ½ cup of fruit to 4 cups of water for mild flavor (8 to 1).
- Frozen berries range in weight from 10 oz to 16 oz, adjust amount of water to suit taste
- Substitute fresh berries when in season

**Equipment Needs:**

- 12-cup pitcher
- Measuring cup
- Plastic wrap